

S: Pt c/o acute p! over his sacrum. Pt is a pole vaulter. Pt described mechanism as “fell off the mat on my butt.” Pt was in severe p! and rated it a 10/10. P! is constant and throbbing. Pt has no hx of injury over his sacrum or other parts of the spine. Pt is not taking any medication. Pt reports no other symptoms.

O: Pt had to be carried in the AT room by teammates. P! had no noticeable deformity upon observation. Pt showed severe p! over sacrum to touch. Crepitus was noticeable over the spine of the sacrum. A step off deformity could be palpated. No range of motion was done due to extreme p!

A: Pt has possible fx over the spine of the sacrum.

Problem List: Severe p! and spasm. Inability to walk on own.

Diff dx: Sacral spine fx, lumbar spine fx, muscle contusion

Working dx: Sacral spine fx

P: Pt will be referred for an X-ray to rule out fx. Pt will be immediately given ice and IFC stimulation to decrease p! for 15 minutes. Will follow up the next day. Pt will be held out of activities until results are read.

3/21/15

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